To our Community Partners in Farmington, NH,

Cornerstone VNA is a non-profit home health care organization serving Strafford, Belknap, Carroll and Rockingham Counties in New Hampshire and York County in Maine. It is a privilege to provide trusted, compassionate and expert home health care to members of your community.

Cornerstone VNA highlight of service visits for 2014 in Farmington, NH:

	Farmington	Strafford County	Total Service Area
Home Care/Perinatal.	4,880	34,349	41,676
Hospice Care	1,051	5,502	5,931
Lifecare	775	6,843	7,759

Being mission driven, we are committed to bringing services *to people of all ages regardless of their ability to pay*, so that families can stay together at home, even when facing the challenges of aging, surgical recovery, chronic or life-threatening illnesses or end of life care. We provide skilled nursing, physical, occupational and speech therapies, social work, and volunteer & support services through four distinct programs: **Home Care, Hospice Care, Life Care and Community Care.**

HOME CARE

As a full service home health care organization, Cornerstone VNA offers programs and services designed to restore patients to their optimum level of health, improve their sense of well-being and quality of their life and help them achieve the highest level of independence to live safely within the community in the comfort of their home.

HOSPICE CARE

Hospice is a holistic approach to caring for people with a life limiting illness….its focus is on providing the greatest quality of life until the end of one's life. The goal of our hospice program is to provide physical, emotional and spiritual comfort to the patient as well as grief support and bereavement counseling for their family and caregivers.

LIFE CARE

The Life Care Program provides a wealth of services from private duty skilled nursing care to assistance with daily living, homemaking or simply the comforting presence of companionship. The goal of Life Care is to restore patients to their optimum level of health, improve their sense of well-being and help them achieve the highest level of independence to live safely in the comfort of their home.

COMMUNITY CARE

At Cornerstone VNA we are not only committed to making people well, we are committed to the health and wellness of the community. We strive to enhance the health of the community by offering health clinics to monitor blood pressure, blood sugar and cholesterol, and to provide immunizations and medication, diet and nutritional counseling from a Certified Health Coach and Wellness Nurse.

DELIVERING CARE

As a non-for-profit organization, Cornerstone VNA places great value on transforming the home health care experience to encompass a full continuum of patient care. We are committed to the philosophy that the needs of each patient are best served by the thoughtful integration of specialized programs and services delivered by a multidisciplinary team of professionals and strive to bring these needed specialties to our patients and their families. We recently launched some very special programs and services:

Palliative Care Program

Palliative care is specialized medical care for people with a serious illness. Its focus is on providing patients relief from the pain and anxiety of a complex illness, regardless of the diagnosis. It is appropriate at any age and at any stage of a disease. Palliative care is different from Hospice care in that it may start at diagnosis, and patients receiving palliative care may also receive curative treatment for their disease. The primary goals of the Palliative Care Program are to improve the quality of life for both the patient and their family and decrease the need for emergency room visits or re-hospitalizations.

Behavioral Health Program

Given a choice, home is where we want to be when recovering from an injury, surgery or illness. And for many patients, home is the best possible place for learning to cope with behavioral and mental health issues, too. Often, behavioral health and physical health issues are inter-related, and providing behavioral health care will enhance the healing process and lead to improved patient outcomes. The combination of family, friends and familiar surroundings often provides the most comfortable environment for working toward mental and physical health. By addressing the correlation between mental health and physical health, this program is taking an integrated and holistic approach to restoring the balance of the body, mind and spirit of each patient. Since mental and behavioral health issues are often coupled with physical problems, Cornerstone VNA provides a comprehensive team approach that provides a full range of coordinated mental and physical care through a single resource.

We Honor Veterans Program

Cornerstone VNA has initiated a very important program for our Hospice patients. Of 2.4 million deaths in the United States each year, approximately 680,000 are Veterans. The National Hospice and Palliative Care Organization, in collaboration with the Department of Veterans Affairs, created ***We Honor Veterans*** (WHV) to empower hospice and other non-hospice community partners to meet the unique needs of seriously ill Veterans and their families. The WHV program addresses both physical and emotional needs, including the psychological toll of war and how it impacts the end-of-life journey.

With health care reform, changing demographics and emerging new health care trends and technologies, it is imperative that Cornerstone VNA is poised to meet the challenges of change, and be at the forefront of providing well-managed and high quality care. We embrace the challenge and with your help look forward to helping shape the future of health care delivery.

In closing, we are grateful for the privilege of providing trusted, compassionate and expert care to every member of the community regardless of their ability to pay for services and appreciate your continued support.

Respectfully,

Julie Reynolds, CEO
Cornerstone VNA